



.

- Download a free quilt pattern to
- celebrate National Quilting Day!
- Click on a partner's name below to
- view their free downloadable patterns
- and projects:
- Moda Fabrics
- Aurifil
- eQuilter.com



Quilt Alliance



https://quiltalliance.org/nationalquiltingday/





	Vice President: Tannis F		tary: nelley K	Treasurer: Marlene SC
Guild Committees with Di	rectors*		Guild Com	mittees
Library Committee: Bonnie R* Linda W; 2 pending Newsletter/Advertising: newsletterppm@gmail.com Deena A* Frances L Proofreading: Frances L & Mary F Program Committee: Shelby L* Website/Promotions Committee: Jymmi Kaye D* ppmqguild@gmail.com Workshop Committee:	October Novemb Decemb January	21 ber 1, 2020 6, 2020 ber 3, 2020 ber 1, 2020 5, 2021 y 2, 2021 , 2021 2021	Sheree S Retreats Shannon Jacquie I UFO's: Renee B Connect Marlene	B B. ing Threads:
Heather I* Membership Committee: Cheryl A* Aline M	commercia manufactu endorseme	DISCLAIMER on contained herein regarding any specific person, al product, or service by trade name, trademark, urer, or otherwise, does not constitute or imply its pent, recommendation, or favouring by Prairie ters Quilters' Guild or it's directors.		

Want to join the Guild? Information on last page.

Currently meeting online only.

Monthly Meetings

First Tuesday of month: September to June, 7 to 9 pm

Good Shepherd Lutheran Church 3825 Hillsdale Street Regina SK S4S 3Y5 Website: www.prairiepiecemaker.com Facebook: Prairie Piecemaker Quilters' Guild Newsletter: newsletterppm@gmail.com Email: ppmqguild@gmail.com

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Prairie Piecemakers Quilters' Guild, Box 33043, Cathedral P.O. Regina, SK S4T 7X2



President's Message



With March comes hope.

Hope that winter will soon be behind us and there will be warmer days ahead, and hope that we inch are closer to an end, a vaccination, or cure for the Coronavirus. Spring is always about renewal. I look forward to gardening every year.

For the first time ever, I've ordered seeds that I'm going to start in advance of gardening season. The idea of spring cleaning does not have me washing walls in my house, but instead, I'm going through my stash and trying to declutter my sewing room. It was pretty bad! It looked like a fabric tornado had ripped through it, and laid many half-done project in its wake.

I spent a bit of time in February sorting my fabric. I now have a giant bin of fabric ready to make pillowcases and placemats for charity. I found a big bag of fabric that dates back to my early days of quilting. It was one of those buying too much pretty fabric because you just didn't know how much you might need. In the bag I found some half-square triangles that I had cut too small for the pattern I had been making. I tucked them away, and they are now part of a quilt I'm nearly done for charity. The fabric is so pretty, but I'm so happy to see it go.



And when it comes to spring and renewal, just a reminder that every year, our executive renews. We need to hold elections in May, and while every single position is open, there are still a few spots that no one has indicated an interest in. Being part of the executive and committees is a great way to give back to the guild. It's not a huge investment, and it's a really great group of people you'll get to work with as we continue to steer the guild into the future.

We welcome new ideas and new members for the executive team who are willing to give just a little of their time. Please let us know in the next week or 10 days. We welcome your help and input.



Until then, stay safe and happy quilting.



CALL FOR NOMINATIONS Executive & Committee Chairs

All nominations should be received no later than **March 24** so that we can announce the nominees to the members at the April meeting. We will hold the elections during our May meeting.

I can also tell you this is a great group of people to work with, it doesn't take too much time and it's fun.

Won't you please consider joining our small but mighty group? If you think you might be interested, please email Jymmi Kaye at <u>ppmqguild@gmail.com</u> stating your name, and the position that interests you.

Sharon G

Title	Term ends
President	2022
Vice-President	2022
Treasurer	2022
Secretary	2022
Membership	2022
Program	2022
Librarian	2022
Workshop	2022
Publicity /Website	2022
Newsletter	2022

The following Executive Director positions are

now open for nominations:

Roles and Responsibility documents are available upon request. Please contact Jymmi Kaye at ppmqguild@gmail.com. In addition to the Executive Director roles, we are also looking for Committee Chairs:

Title	Term ends
50/50	2022
Nominations	2022
Quilt Show Chair (2022?)	TBD
Retreats	2022
Connecting Threads	2022
UFO	2022



Below is an outline of the role and responsibilities of Executive members and the skills and knowledge

1. General Board Responsibilities

- ensure ethical conduct of the organization
 - ensure financial responsibility and viability of the organization
- · maintain overall stewardship and governance of the organization

2. Responsibilities of Executive Members

- attend Director meetings
- attend other meetings as required
- complete tasks as required from minutes of meetings and other committee tasks

3. Time Commitment (Directors)

- monthly Director meetings
- at least 5 10 hours per month depending on other roles

Each nomination

- may be submitted in writing letter, email, text
 - may be submitted by phone call we call you or you call us!

Should you have any questions regarding the PPQG Executive and Chair nomination of individuals, please feel free to contact any member of the executive. Thanks for your diligent attention to this important matter for our organization.



MAK

Colleen M and Lorna B will present

Log Cabin Ruler with variations.







Jymmi Kaye and Heather G will

give a demo on

Ink Tense Pencils.

We are going to do a virtual quilt shop tour All the shops advertise in our newsletter.





Hello Retreat Quilters

Well with 2021 starting off with all of us safely tucked in our homes and our guild meetings to remain as Zoom meetings, the Dallas Valley Quilter's Retreat March 4-7, 2021 has been cancelled but has been rescheduled for

Thursday March 3rd, 2022 to Sunday March 6th, 2022.

At this time I am happy to announce that we have secured an additional weekend for 2021.

The date will be October 14 - 17, 2021.

Signup will be after our May 4th meeting - All details will be available in the April/ May newsletter before sign up starts.

> Happy Quilting Shannon & Jacquie





Loreen's Longarm Quilting

Services

Loreen Yanko Owner loreenyanko@gmail.com 95 Dale Cres Regina, Saskatchewan S4N 5J6 306 761-0841

Loreen's Sewing School

Children's Sewing Classes Registered "Kids Can Sew" Instructor Loreen Yanko, Owner loreenyanko@gmail.com 95 Dale Cres Regina, Saskatchewan S4N 5J6

Second Story Quilting Widebacks and Quilters Dream Batting



Fit For a Queen by Westrade Wide range of colors ~ Cotton and Flannel ~110"x108"

Quilter's Dream Batting Cotton, Poly and Orient - King cuts (122"x108")

Christa Marcotte Box 33 Torquay Saskatchewan S0C 2L0

Call or Text 306-421-7056 Email: acmarcotte@sasktel.net Website: www.secondstoryquilting.ca Blog: www.secondstoryquilting.blogspot.com

Pictures of colors can be texted or emailed.



Sew Materialistic – The Farmhouse Edition is exclusively an online web store which is owned and operated by Cindy Tyson, the owner of Sew Materialistic – Brick and Mortar location in Nipawin.

This webstore is being operated independently of the retail store featuring products inclusive to it alone.

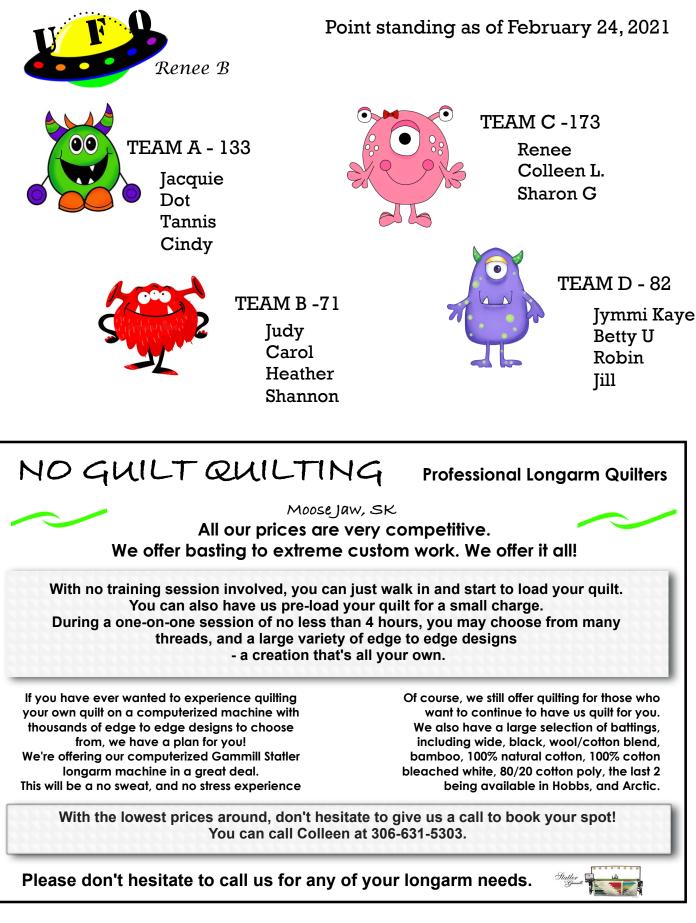
Cindy was already a retailer and decided due to COVID in 2020 that an online platform was necessary to try and survive this new retail landscape. Cindy is a farm wife and actively involved on the farm which is four hours away from her Brick and Mortar location

Cindy is an avid quilter, discovering her love for it after taking her first class in Saskatoon in 2016!

Sew Materialistic – The Farmhouse Edition will be operated from Cindy's Farmhouse

Facebook: <u>www.facebook.com/sewmaterialistic.thefarmhouse</u> Instagram: <u>www.instagram.com/sewmaterialistic.thefarmhouse</u> Handles (same for both): @sewmaterialistic.thefarmhouse

What's the buzz?







Our Website is Active

Jymmi Kaye D

Inviting guest bloggers to contribute to the PPQG website.

We'd love to have you!



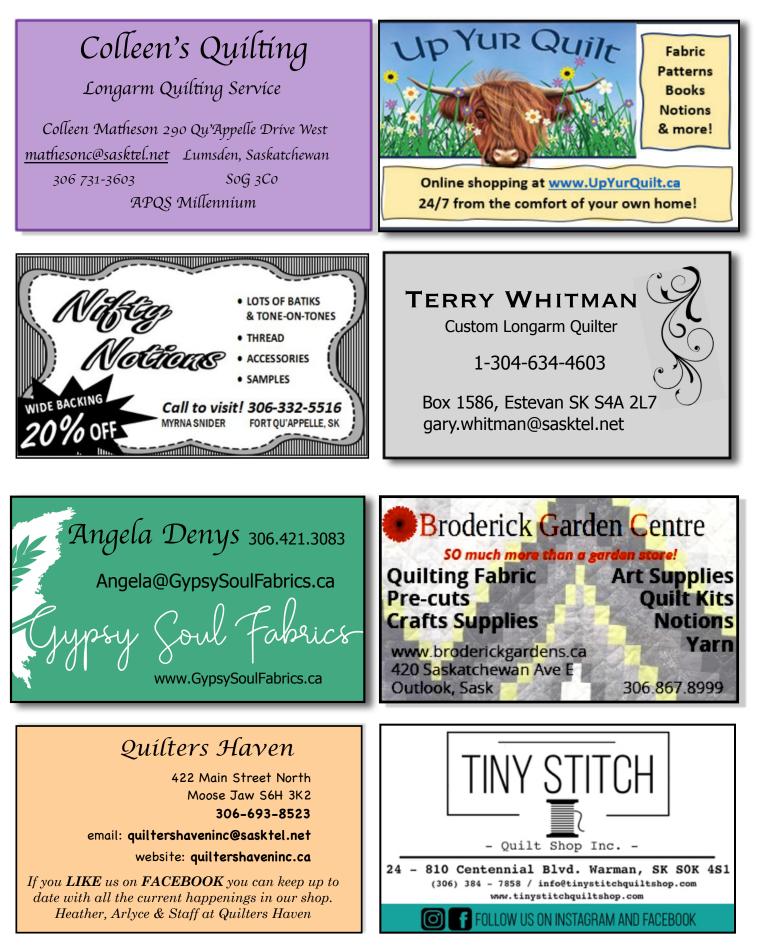
Some Guidelines

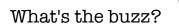
The content must be a benefit to the membership.

The blog format does not handle graphics, only printed words at this time.

If you have material with graphics, send it along. It may be suitable for the Facebook page.

Please send your blog submissions to Jymmi Kaye at ppmqguild@gmail.com







We'd like to make the Guild ZOOM meetings more enjoyable for everyone.

We're going to try an enhancement - closed captioning!

This is the software and it works very well ...

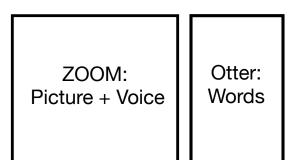


Otter.ai Live Notes for Zoom

https://marketplace.zoom.us/apps/MmQJIMXUTYiCdPX5anvKVw

https://otter.ai/zoom

You simply have two windows visible on your screen:



We will be testing the software for a launch at the April meeting.

If you are interested, please contact Deena through the website email **ppmqguild@gmail.com**. She will call you to discuss the details.

Please pass this on to any member that you know who may be interested.

Deena A on behalf of the PPQG Board



Connecting Threads

Marlene SC



A note from ... deis in NICA, disch See ball Sincere



A very grateful grandfather gave me this picture along with a generous cheque in appreciation of the quilt his grandson received upon discharge Monday from NICU. He tracked us down by the label on the quilt and through the Guild website.

The room at the Neil Balkwill is open to anyone wanting to quilt on Thursday mornings. If you want access to the fabric or sewing machines, you can ask Tim to open the cupboards. You will be responsible for putting everything away before you leave.



https://canadianquilter.com/

General Newsletter February 2021

CQA/ACC has several activities for you to join ...

- Purchase your TrendTex fabric bundle for the 2021 TrendTex Challenge Friendship. Purchase your fabric kit on the website <u>here</u>
- Mentor a young quilter in the 2021 CQA/ACC Youth Challenge BFF (Best Friends Forever). Order your fat quarter of fabric from our President, Jane Cramer, by emailing her at jane.cramer@canadianquilteradministration.com.
- Join in on the 2021 CQA/ACC 40th Anniversary Mystery Quilt An Incidental Refraction and then go to the newly formed Facebook group dedicated to this project to share and connect with others. See below for more details. Members only.
- Join the <u>Row of the Month Quilt Along</u> for members and non-members. The monthly pattern will be found on our website and promoted on the Canadian Quilters Association Quilting Projects Facebook group. Be sure to check on this fun and free quilt along.

Linda Lake Membership Director

Feeling Lucky? Play Our Fat Quarter Lottery

Join us in celebrating the 40th Anniversary of the Canadian Quilters Association/ Association Canadienne de la Courtepointe. Traditionally, the 40th Anniversary is recognized as the Ruby Anniversary so let's have some fun with our **red** fat quarters and the Fat Quarter Lottery.





JIGSAW PUZZLE TIME

This months puzzle is entitled "Living Gently" and was made for the Trend-Tex challenge and won a Judge's Choice award. Bonnie Rankin CQA/ACC Eastern Ontario Representative



To start your puzzle click here.

Bonus Jigsaw Puzzle

This bonus puzzle is also compliments of CQA/ACC member Sherida Giddings and is the Glacier Star Pattern.

Sherida Giddings is a Quiltworx Certified Instructor, located in Ottawa, Ontario.

Click here for your jigsaw and enjoy!

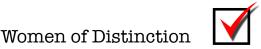


SAVE THE DATES

On March 13, 2021 CQA/ACC will present a zoom webinar by Ana Buzzalino. Ticket sales will be available to members later in February. Check the memberonly studio after February 15 for more information.

Meet Ana

Ana Buzzalino is a fiber artist and quilt instructor living in Calgary, Alberta. She grew up in Buenos Aires, Argentina, where sewing was part of her life at an early age. In early 1983, Ana moved to Calgary. A couple of years later, while walking down the street, she saw a "blanket" on a window and went into the store to enquire about purchasing it. She was told that it wasn't for sale, but that she could learn how to make her own. She signed up for a beginner's quilting class that same day, and she never looked back. The rest, as they say, is history.



Farah Alibay

Systems Engineer NASA Jet Propulsion Laboratory

https://solarsystem.nasa.gov/people/3065/farah-alibay/



Farah Alibay grew up in a small town where working at NASA was "unheard of," but she's doing exactly that now as a systems engineer working on everything from mission concepts to the InSight Mars lander. Read on to discover how she went from student in England to NASA intern to her dream job at NASA's Jet Propulsion Laboratory.

Where are you from?

I was born in Montreal, Canada, although I went to high school in Manchester, England and went to university in Cambridge, England.

What first sparked your love of space?

My earliest memory of falling in love with space is watching Apollo 13 when I was 8 years old. What fascinated me was not only the vast expanse and dangers of space, but that teams of engineers rallied together to solve what seemed to be insurmountable problems. I remember watching them succeed and knowing that this was the kind of career I would like to pursue – one where I would be able to use creativity, knowledge, and teamwork to advance space exploration. As a systems engineer today, solving seemingly unsolvable problems are part of my daily life and something that I get a lot of pleasure doing!



What do you do for fun?

Like many engineers, I love being outdoors and go hiking and camping fairly regularly. I also enjoy weight lifting and biking. Having grown up in Canada, I am an avid skier and a huge fan of ice hockey. I am a Big Sister as part of the Big Brother/ Big Sister (BBBSLA) program, and I also regularly participate in a variety of outreach activities, including giving talks, mentoring students, and teaching at space camp.

Cindy-Rella's Sewing and Quilting



See our calendar of classes and events at www.SewCindy-rella.com

We are an Authorized Bernina, Brother, Babylock and Handiquilter dealer and repair centre



Sign up for classes at: www.SewCindy-rella.com



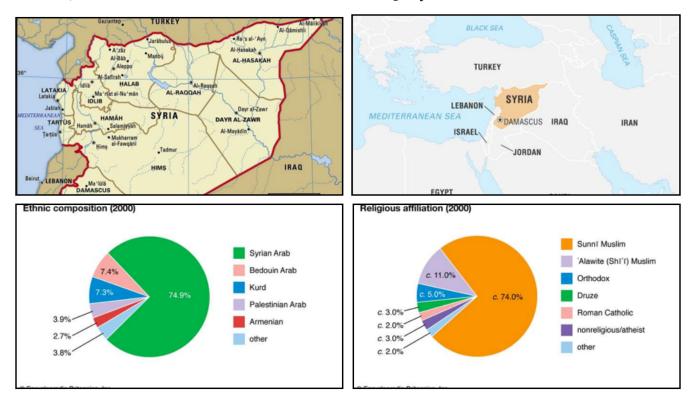
1230 St John Street Regina, SK (306) 585-2227

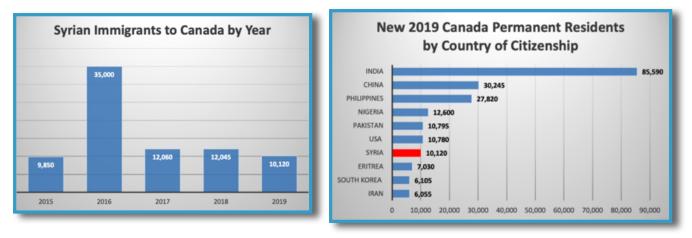


Shop precuts at: www.PrecutStash.com

Meet Your Neighbour 🧰 🖬 💼 💼

Syria, country located on the east coast of the Mediterranean Sea in southwestern Asia. Its area includes territory in the Golan Heights that has been occupied by Israel since 1967. The present area does not coincide with ancient Syria, which was the strip of fertile land lying between the eastern Mediterranean coast and the desert of northern Arabia. The capital is Damascus (Dimashq), on the Baradā River, situated in an oasis at the foot of Mount Qāsiyūn. https://www.britannica.com/place/Syria/The-winds





https://www.immigration.ca/how-syrians-can-apply-for-canadian-permanent-residence

Meet Your Neighbour 🔳 🗖 💼 💼



The Textile Industry in Syria: the past and the future https://siba.world/textile-industry-in-syria/

We have all heard of the silk road, which connected east to west and formed the spine of trade contributing to the building of many civilizations. Perhaps calling it the *silk* road gives us a glimpse of the importance of textile industries in general, and silk industry specifically, during those times. Syria was one of the most important stations

on the Silk Road, so it developed many Syrian industries over the ages, especially the textile one. Syria is situated in the middle of the Silk Road, which made the Syrian textiles bear the Western and Oriental prints together in addition to the Syrian touch, making the final product a work of art that one will fall in love with at first sight.

Silk was the main component of Syrian textiles for a long period of time, and a number of such textiles became famous, such as Damask and Brocade. But since the last century cotton cultivation in Syria has been growing and spreading, which has helped to grow the cotton spinning industry. Cotton is a strategic crop in Syria, where more than 20% of the population participated in production and processing of its by-products. At one point, Syria produced 7% of total global cotton production. In addition to cotton, wool and nylon are also used, both considered some of the most important Syrian products. The textile industry is concentrated in Aleppo, Damascus, Homs and Hama. https://www.mosaicstories.org/2017/03/28/syrian-textiles-photo-gallery/

Kilims and tapestry weaving One of the most popular weaves in Syria and other parts of the Arab world is kilim, a tapestry technique that is used to produces a number of different objects like rugs, carpets, garments and bags creating a robust and resilient fabric, that is usually made with wool threads.



LAIN WEAVE







SLITWEAVE





KILIM

SUMAK



There are many variations of the tapestry techniques: *Kilim* is a plain weave, in which the weft is dense and tightly beaten downwards to completely hide the warp threads from the fabric. With the use of different colours and techniques, different shapes, designs and textures can be created. https://syrian-heritage.org/the-art-of-syrian-textile-production/

Quilt Discovery Experience

Crazy Quilt

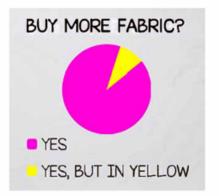
The Crazy Quilt is probably the oldest of quilt patterns. Early quilters used any scrap or remnant available, regardless of its color, design, or fabric type. Worn out clothing, women's calico dresses, men's pants and shirts, household linens, and other oddly shaped fabric scraps were fitted and stitched together. The result was a hodgepodge of color, and a quilt with a story behind each scrap.



Making utilitarian quilts fell out of favor in the late 1800's and early 1900's as America became more industrialized and technology brought improvements to the home.

The Crazy quilts or throws of this era featured rich colors and textures and were used to decorate the parlor. Skill in fine embroidery was emphasized. Victorian quilters filled their quilts with bits and pieces of their personal past; a piece of father's vest, a husband's tie, lace from a wedding veil, or ribbons commemorating political events.

https://www.nps.gov/home/planyourvisit/quilt-discovery-experience.htm



This pie chart perfectly outlines the tough decisions that are made daily by quilters. So do come in, call in, or surf on-line and let the folks at Periwinkle assist you with your tough decisions. New fabrics, notions, patterns and more, plus the full suite of Bernina sewing machines and long arms as well as Juki sewing machines.

Peniwinkle

Quilting & Beyond 270 - 2600 Eighth St. E., Saskatoon, SK ph: 306-933-3072 e-mail: periwinkle@sasktel.net follow us on *instagram* and *facebook*

www.periwinkle.biz









QuiltCon Together News

Check out the QuiltCon Together 2021 Winners!

https://www.quiltcon.com/quiltcon2021-winners



Best in Show

Sponsored by

Blooming

52" x 63"

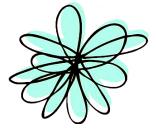
Pieced and quilted by Émilie Trahan

Individual Member



Inspiration





Spoonflower Blog

We're offering you a free digital coloring book featuring designs by Spoonflower from artists all over the globe! Print out the pages to kickstart your creativity at home. With 16 different artists sharing 16 different Spoonflower Marketplace designs you know and love, there's 16 different ways to get your color on!

https://drive.google.com/file/d/1AZ1l4Pcb4t51oEU-XQkRojamZtkU5dhj/view?usp=sharing



Neil Balkwill Civic Arts Centre

Experience an Evening with Snow Art

The City of Regina, in collaboration with Nuit Blanche, is featuring local artist Hilarey Cowan's outdoor, nighttime art installation titled Save As at the Neil Balkwill Civic Arts Centre.

Cowan's 2020 exhibit from the Nuit Blanche Night showcases light-based works of art created in snow. Available to experience nightly until 11 p.m., residents can bundle up and take a look around the centre - a perfect night walk for all ages.

The installation will run until mid-March 2021.

Parking is available at the Neil Balkwill Civic Arts Centre parking lot.



Ruth Chambers has pinched, plucked and pulled over sixty exquisitely detailed, life-sized flowers from lightly tinted porcelain clay. *Tend* draws upon the elegiac traditions of floral still-life painting and systematic enumeration of plants by unsung botanical illustrators. DATES February 5 - April 11, 2021

LOCATION Main Gallery



Print Mixing

Let's start off the day with a heavy dose of color! One of the areas quilters struggle with most is color, and specifically *print mixing.* I have a stash full of beautiful prints, but how do I actually use them in a quilt? How can I get an interesting patterned effect without it looking too busy?

When I teach about Print Mixing, I speak specifically to two things: scale & texture.

- *Scale* is how large or small a print is (think teeny tiny polka dots versus a large scale floral, like below).
- *Texture* is the effect that the particular print contributes to the overall print palette (think the look and feel a batik contributes versus a stripe).

Today, let's focus on scale. If your goal is to achieve a well balanced quilt (which is not the only or best option, but is a nice "rule of thumb"), including small, medium, and large scale prints can help you to achieve this.

A quilt that includes all large scale prints (like the floral print on the left in this picture), will be wild! Which might be the look you're going for. If you love that wild, patterned look, bring on those large scale prints!

On the opposite end of the spectrum, quilts that include only small scale prints (like the two green fabrics on the right side of this photo) may be lacking a bit in interest. This can draw your eye to the quilt design since it is not distracted by the prints, it just depends what your goal is for the quilt: where do you want the focus?

MORE: <u>https://shannon-brinkley.com/blogs/shannon-brinkley-studio-1/warm-palette-inspiration</u>



Your Miracle Ironing Board Cover will last at least 10 times longer than your Teflon or Cotton cover. The Miracle cover is extremely durable and its life will ultimately be based on the amount of ironing you do. Your Miracle Ironing Board Cover will never burn. The set comes with an iron caddy that is the shape of an iron and is made of polyurethane foam and is fire retardant. When the iron is placed on the caddy it helps to keep your dry hot iron from slipping. <u>http://www.miracleironing.com/mm5/merchant.mvc</u>



https://www.nationalquilterscircle.com/video/favorite-toolpressing-cloth-016984/? utm_source=newsletter&utm_medium=email&utm_campaign= a6198&vsoid=A6189

Pressing Cloth There are many tools that are recommended by different quilters these days, and while some of them seem obvious, like rotary cutters and rulers, some are not. ZJ Humbach shares one of her favorite tools- the pressing cloth, and explains what it is and how she uses it.



Wool Ironing Board Cover



ADVANTAGES OF A WOOL PRESSING MAT NOW FOR YOUR IRONING BOARD

https://love-sew.com/products/love-sew-wool-ironingboard-cover? fbaid=23845863362690291&utm_term=OM_238458 63362690291_&fbclid=IwAR3HvlEj3ZLREpIrsO4Xr dsshyKYWt6TPlkhaU8NpQID17Mu6y-6W5UmF6w

Precisely Quilt Intricate Patterns without Marking!



StitchVision[™] Quilting Laser Guide provides a red dot vision guide enables you to trace any quilt patterns onto your fabric with ease.

Accurate Dot-To-Dot Quilting

Dot laser pointer designed perfectly for your free-motion quilting project. Just simply place any pattern sheet under the laser and trace along with the outlines. You can start and stop at an exact point, making dot-to-dot quilting more fun and easier.

https://dazzlejoyce.com/products/stitchvision-quilting-laser-



QUILTING COWBOY



Dale Allen-Rowse has been quilting since the birth of his niece in 1999 when he first taught himself how to make baby quilts on a tour bus for a ballet company. Ever since, Dale has been sewing up a storm. Taking classes where available, learning on his own, then launching Quilting Cowboy online in 2005 with a YouTube channel, Facebook Page and website to share his insights with a larger audience. Making quilts is an expression of love.

It's how I bring a little more comfort into the world.

- Dale Allen-Rowse

https://www.quiltingcowboy.com/





A 2-day live-stream virtual quilting retreat where participants learn how to build a variety of 8 unique blocks to create different projects and multiple combinations using techniques taught by nationally renowned instructors, Kelly Ashton of Craftsy and Colleen Tauke of National Quilters Circle. This virtual retreat includes a curated selection of four encore National Quilters Circle classes to enhance your quilting skills that can be viewed for 30 days (a \$150 value).

https://go.craftsy.com/virtual-quilting-retreat/



If Brett Lewís can do ít - maybe you can too!

How to Create a Seamless Repeat in Procreate with Jennifer Nichols

In Jennifer's tutorial, she'll be showing you how to make a seamless repeat in Procreate using design elements you've already created. As such, this is a great resource for artists with experience working in Procreate or other design programs. If you're new to Procreate, we suggest starting with Jennifer's Guide to Procreate class on Skillshare (free two-week trial included!) and Rhianna Wurman's Procreate 101.

Jennifer: The Procreate 5X update has a new Snapping feature that makes repeat patterns in Procreate incredibly easy to do without any outside help from other design programs. I love repeat patterns and Procreate and I'm super excited to show you my technique!



https://blog.spoonflower.com/2021/01/how-to-create-a-seamlessrepeat-in-procreate/? utm_source=bm23&utm_medium=email&utm_term=Seamless+Repeat +in+Procreate®+Hero+-Desktop&utm_content=Here%27s+the+tea +on+our+most+highly+requested+design+tutorial+&utm_ca



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Your Dream Business March 3

https://shannon-brinkley.mykajabi.com/StartGrowYourQuiltBusiness

Have you been tinkering with the idea of **turning your beloved hobby into your job**, but just don't know where to start?

OR have you already started your business but aren't seeing the revenue you'd like -- you really want to grow and scale what you're doing or find revenue streams that will be more profitable?

OR do you **own a brick & mortar** business and, since COVID especially, are eager to **pivot to do more business online**?

If any of those descriptions sound like you, I know you will LOVEEE the free business workshop I'm offering starting next week!



2020 was a hard year for many of us—but it was a great year for scientific research on the efficacy of brain training. In just that one year, 57 scholarly articles were published on BrainHQ exercises and assessments (a pace of more than one a week)! The topics ranged from Alzheimer's to depression to stroke—and many more. To learn more about what these studies were about and what they found, <u>check out our press release</u>.



Fall Meditation with Eastside United

The meditation group will continue to meet via Zoom on Monday nights. A reminder that the new start time is 7 pm. If you have any questions, please contact Eastside United Church at 306-761-0556 or <u>eastsideunited@sasktel.net</u>.

Meditation Zoom access information: https://zoom.us/j/225411689

Meeting ID: 225 411 689 Password: 476179



It's about women. It's about beauty. It's about time.

"Humans are hardwired to seek companionship."

Social <u>connections are so important</u> for living life to the fullest.

Relationships with other fabulous, empowered women make our lives more meaningful and fun.

When you can't meet in person, making friends online can help you feel and stay connected with others.

Today, we're sharing <u>tips to help you develop friendships</u> in the virtual world as deep as any "in real life" connections.



Pi Day is celebrated on March 14th (3/14) around the world. Pi (Greek letter " π ") is the symbol used in mathematics to represent a constant — the ratio of the circumference of a circle to its diameter — which is approximately 3.14159.

As an irrational and transcendental number, it will continue infinitely without repetition or pattern. While only a handful of digits are needed for typical calculations, Pi's infinite nature makes it a fun challenge to memorize, and to computationally calculate more and more digits.



COVID-19 Vaccine

<u>https://www.saskatchewan.ca/covid19-vaccine?</u> <u>utm_source=facebook&utm_medium=newsfeed&utm_campaign=vaccine_availability&fbclid=IwAR0F9CTEU4pbL_E4WVg_Sx8Uf7d21ZfpcgzyCq54KzeJhKIRP1jF3H3eIc3g</u>

As of February 23, 2021

Zone	1st Doses Given	2nd Doses Given	Total Doses Given	
Far North West	1,575	1,459	3,034	
Far North				
Central	522	298	820	
Far North East	2,409	708	3,117	
North West	4,124	1,103	5,227	
North Central	4,650	4,085	8,735	
North East	1,549	1,260	2,809	
Saskatoon	6,956	6,393	13,349	
Regina	6,167	4,368	10,535	
Central West	1,156	3	1,159	
Central East	6,264	111	6,375	
South West	0	0	0	
South Central	2,766	1	2,767	
South East	4,409	6	4,415	
Totals:	42,547	19,795	62,342	

REGINA LEADER-POST DIGITAL NEWS SUBSCRIPTION TAX CREDIT

https://pages.postmedia.com/regina-leader-post/tax-credit/

The Canadian government introduced the Digital News Subscription Tax Credit that Regina Leader-Post

subscribers can claim on their personal income tax and benefit return from the years 2020 to 2024.

DIGITAL-ONLY SUBSCRIBERS (No Newspaper Delivery)

You can claim the total amount paid for your Regina Leader-Post digital subscription during the year 2020.

PRINT NEWSPAPER SUBSCRIBERS

Your subscription includes digital access, and you can claim the cost of a Regina Leader-Post standalone digital

subscription for each month you received the newspaper.

Maximum qualifying amount per monthly subscription payment: \$14.00 + 5% per month

ALL TAX CREDIT RECEIPTS WILL BE EMAILED TO YOU BETWEEN MARCH 8 - 19, 2021.

Government of Canada About the digital news subscription tax credit

https://www.canada.ca/en/revenue-agency/services/tax/individuals/topics/about-your-tax-return/tax-return/completing-a-taxreturn/deductions-credits-expenses/deductions-credits-expenses/digital-news-subscription.html

empowHER 2021: Ladies Night In

FRI MAR 05 2021 AT 06:00 PM TO 08:00 PM UTC-06:00

Regina, Saskatchewa I Regina

International Women's Day Celebration and Fundraiser!

Join us for a virtual fundraiser in celebration of International Women's Day, Friday March 5th at 6:00pm.

An evening you won't want to miss. Hear from an inspiring trailblazer, Betty-Ann Heggie, author of Gender Physics, along with the evening's greetings brought to you by Mayor Sandra Masters. Dress For Success provides resources to women who have chosen the road to empowerment, helping them create better lives for themselves, their families and their communities.

https://stayhappening.com/e/empowher-2021-ladies-night-in-E2ISTF79CI9



Time Change 2021 in Canada

Mar 14, 2021 2:00 am

https://www.timeanddate.com/time/change/canada/

Sunday, April 4

Easter Sunday 2021





Ontario's Wiarton Willie says he did not see his shadow on Groundhog Day and is predicting an early spring for 2021. A certain groundhog in Punxsutawney, Pennsylvania

Punxsutawney Phil – was awakened from his
burrow this morning at 7:35 a.m. EST and promptly

predicted six more weeks of winter.

https://earthsky.org/astronomy-essentials/everything-you-need-toknow-about-groundhog-day



Tips from World Sleep Society

https://medium.com/thrive-global/10-ways-toimprove-your-sleep-65bed5cbecf3



The year 2020 was a year like no other. As we start 2021 and look forward to the 20th edition of *Canada Reads*, we are reminded that books can be a safe place to go when times are tough. Whether you're reading to escape your daily cares, to explore new perspectives or simply to lift your spirits, these stories of perseverance, discovery and resilience will transport you across Canada, around the world and to worlds beyond.



https://www.cbc.ca/books/canadareads/meet-the-canadareads-2021-contenders-1.5869833

Prairie Piecemaker's Quilter's Guild General Membership Meeting Time: March 2, 2021 07:00 PM

Join Zoom Mtg Meeting ID: 846 7464 6777 Passcode: see email from Membership Committee

	Welcome/call to order	Sharon
	Introduction of program March Program:	Shelby
	Log cabin ruler with variations	Lorna B. & Colleen M.
Break 5	mins	
	Nomination update	Sharon
	President's challenge reminder	Sharon
	Show and Share	Everyone
	Door prizes	Sharon



Happy

St. Patrick's Day

Wednesday, March 17

"May the road rise up to meet you.

May the wind always be at your back.

May the sun shine warm upon your face, and rains fall soft upon your fields.

And until we meet again, May God hold you in the palm of His hand."

https://emerald-heritage.com/blog/2017/9-irishblessings-we-love Excellent condition, very few hours on it. Delivery can be arranged.



Please call or text Jerrilynn @ 306-746-7374

Inside the Guild

Advertising Information

The Prairie Piecemakers Quilters' Guild is entering its twenty-seventh year as an incorporated organization, serving quilters, promoting the quilting arts and supporting the development of quilting in Regina. Your advertisement is an effective way to reach a local and a broader audience of quilters:

Local audience: the Prairie Piecemakers Quilters' Guild publishes 10 newsletters each year, monthly from September through June. The newsletter is distributed to all Guild members (currently 128 members and growing).

Extended audience: advertisers in the newsletter are recognized on the Guild website (www.prairiepiecemaker.com) with a link to their website and/or contact information.

Each newsletter is posted on the Guild website and remains available for public download through the newsletter archive.

Timelines:

Advertisers should send their advertisement copy to the editor of the guild newsletter two weeks before the end of the month prior to the next issue of the newsletter. Please see the Guild website for our Advertising Guidelines.

Contact:

Inside the Guild Newsletter Editor Prairie Piecemakers Quilters' Guild Box 33043, Cathedral P.O. Regina, SK S4T 7X2 Telephone: 306-584-9509 Email: newsletterppm@gmail.com Website: www.prairiepiecemaker.com

Want to join the Guild?

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Visitors and new members at all levels of quilting are welcome.

Guild membership consists of quilters of varying ages and abilities who share a great appreciation for the art of quilting and the fabric used to piece the quilts together:

- The membership year runs from July 1 to June 30 of the following year.
- New members are welcome at any time during the quilting season.

The Guild is a member of the Canadian Quilters' Association.

Please contact us by email at **ppmqguild@gmail.com**, through the website, or directly to a Membership Committee member (pg. 2).

Commercial Advertising Rates

Single Issue Rate			Full Year
Category	Size	Rate	Rate
Full page	7.5" x 10"	\$50.00	\$250.00
Half page (horizontal)	7.5" x 5"	\$25.00	\$125.00
Half page (vertical)	10" x 3.75"	\$25.00	\$125.00
Quarter page	3.75" x 5"	\$16.00	\$80.00
Business card	3.75" x 2.5"	\$8.00	\$40.00

Non-Commercial **Classifed** Advertising Rates

Advertisements must be sewing, quilting, or fibre art related. 1/4-page and 1/2-page advertisements, containing a photo, a graphic, or an image are to be in .pdf, MSWord, or .jpeg format (ready for insertion) and sent to newsletterppm@gmail.com. Include your complete contact information.

Please make your cheque payable, in the correct amount, to PPQG and forward it to Prairie Piecemakers Quilters' Guild, Box 33043, Cathedral PO, Regina, SK. S4T 7X2.

Advertisement Sizes	Guild Member	Non-Guild Member
	Per issue	Per issue
Classified Ads of 50 words or less - no photo, graphics, or images	FREE maximum insertion 3 months	\$8.00
1/4 page	\$5.00	\$16.00
1/2 page	\$10.00	\$25.00

Except where noted, all graphics and photographs are from Google Images.

Privacy of Information: As a public organization, the Prairie Piece Makers Quilters' Guild, Inc. (PPQG) is compelled to abide by the Canadian rules applying to the Privacy of Information. We cannot share information about members without this consent. The personal information collected consists of name, address, telephone number, and email address and is used to contact members for Guild business. As the Guild's membership form does not specifically ask members if they will allow their names to be published in the newsletter, the newsletter will not publish full names, excepting for the executive and committee chairpersons, who have signed disclaimer forms for the editor or when expressed permission is provided. When submitting articles for the Inside the Guild newsletter, please state as to whether you will allow your full name to be published in the newsletter print format, available at Guild meetings and the online copy published on the Guild's website. Thank you.