

Prairie Piecemakers Quilters' Guild

Inside the Guild

Website: www.prairiepiecemaker.com



autism
speaks®



World Autism Month








What is World Autism Month?

Every April Autism Speaks celebrates World Autism Month, beginning with United Nations-sanctioned World Autism Awareness Day on April 2. Throughout the month, we focus on sharing stories and providing opportunities to increase understanding and acceptance of people with autism, fostering worldwide support. This year, we are committed to keeping the spirit of the month alive, as now more than ever we know the autism community needs support, kindness and compassion.

What is the Kindness Campaign and how can I participate?

To kick off World Autism Month, Autism Speaks is celebrating 15 years as an organization with the Kindness Campaign, an initiative that invites people around the globe to create a kinder, more inclusive world for people with autism. To make 2020 the “Year of Kindness,” the organization is inviting supporters to achieve one million acts of kindness, big and small.

<https://www.autismspeaks.org/world-autism-month-faq>

2		Captain & the Crew	3-16		What's the Buzz?
31		Taking Care of Business (Agenda & Minutes)	--		Program
17-30		This & That	7		Workshop
15-16		Women of Distinction	14		Library
33		Good to Know	11		Quilt Show
			12		UFO
			--		

Meeting Dates for 2019-2020

- September 3, 2019
- October 1, 2019
- November 5, 2019
- December 3, 2019
- January 7, 2020
- February 4, 2020
- March 3, 2020
- April 7, 2020
- May 5, 2020
- June 2, 2020



Guild Officers and Directors

President:

Shelley K.
ppqgreg@gmail.com

Secretary:

Dianne P

Vice President:

Sherrill-Anne T

Treasurer:

Marlene SC

Guild Committees with Directors*

Library Committee:

Bonnie R*
Linda W
Debbie W
Kathy W
Wendy S

Newsletter/Advertising:

newsletterppm@gmail.com
Deena A*
Frances L

Proofreading: Frances L & Mary F

Program Committee:

Shelby L*
Maxine K

Website/Promotions Committee:

Cindy T* www.prairiepiecemaker.com
ppmqguild@gmail.com

Workshop Committee:

Heather I*
Iris L

Membership Committee:

Cheryl A*
Aline M

Guild Committees

50/50 Draw Committee:

Betty U
Sheree S

Retreats:

Shannon B*
Jacquie B
Roanne D

UFO's:

Heather H*
306-519-2311

Connecting Threads:

Marlene SC

Facebook Page: Jackie S



Want to join the Guild? Information on last page.

Monthly Meetings

First Tuesday of month:
September to June, 7 to 9 pm

Good Shepherd Lutheran Church
3825 Hillsdale Street
Regina SK S4S 3Y5

Website: www.prairiepiecemaker.com
Facebook: **Prairie Piecemaker Quilters' Guild**
Newsletter: newsletterppm@gmail.com
Email: ppmqguild@gmail.com

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President's Message April 2020



In this uncertain time, as news around COVID-19 continues to evolve, the Prairie Piecemakers Quilters' Guild is doing its part to flatten the curve.

The quilt show, 2020 Endless Visions, scheduled for May 8 and 9, 2020, is cancelled. Refunds have been issued to vendors, sponsors, and quilt entrants. If you have not received your refund within 30 days, please email us at ppqgreg@gmail.com.

I would like to acknowledge and recognize all the time and effort members of the Prairie Piecemakers Quilters' Guild have contributed during this last year to plan and prepare for the quilt show. I thank you and can only imagine how disappointing it is for you. I look forward to the time when our activities will resume and plans can be made for another show.

In addition to the show, all meetings of our membership, executive and committees are cancelled. Communication will be sent to you

regarding the Semi-annual General Meeting scheduled for May and our Annual General Meeting in September. You will be provided with at least 15 days prior to the meeting.

The nominations committee is still canvassing the membership looking for nominations for all director and committee lead positions. Please consider letting your name stand for these positions. Nominations will be announced 30 days prior to the SAGM. Thirty days' notice will also be given for the date of the SAGM.

In the meantime, stay at home and do some quilting. Take advantage of our Facebook page at <https://www.facebook.com/pg/ppmqg/posts/> and our website at <http://www.prairiepiecemaker.com/photos>. for inspiration and sharing. Send photos of your creations or the items you are working on to Jackie S. (jackie.schlamp@gmail.com) to be posted on our Facebook page or to Shelley K. (ppqgreg@gmail.com) to be posted on our website. Your fellow quilters would love to see them.



Shelley K.



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I can't leave the quilt shop now the fabrics have accepted me as one of their own and if I leave now I might lose their trust. So in the spirit of social distancing come to Periwinkle's on-line store. It is not a virtual shopping trip it is a virtual trust building exercise.


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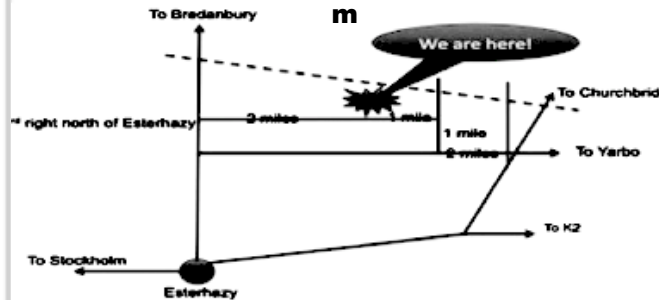
1-306-740-0208

perfect.tension.quilts@gmail.com

Esterhazy, SK

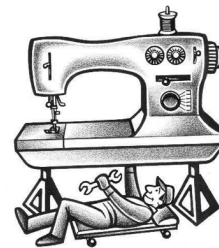
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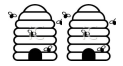
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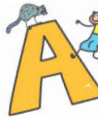
WORKSHOPS

Heather I., Iris L.

No refunds for workshop fees if unable to attend. You may find someone to take your place or check with the workshop lead to see if there is a waitlist.



All classes will be held at the Sask Abilities Council 825 McDonald St.



Dyeing 101

April 4, 2020 - 1 day class

This class will t
to mix and blei

immersion dyeing, direct application, and tie-dye. All techniques will be learned through fun projects that students can take home with them.

on dyes, chemicals and additives while focusing on how effects. Once you prepare your dyes students will learn

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Classes and Retreats

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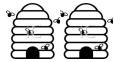


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Hello,

It is hard to say how long it will be before we have another Guild meeting. Thirty days' notice is required before the announcement of the nominations to the members before the election can take place so thirty days' notice for the SAGM will be given then too.

Nominations can be accepted up to thirty days before the SAGM, so if you know anyone that would like to let their name stand for a director or committee lead position, please let Jymmi Kaye know.

Thanks
Shelley K

CALL FOR NOMINATIONS Executive & Committee Chairs

PPQG is extending an invitation for nominations to all individuals interested in serving on the Executive or Committee Chair roles.

NOMINATION PROCEDURE

- a. The call for nominations shall be sent to all members of the Executive and to each member.
- b. Nominations for positions of Director and Committee Chair shall be received in writing or phone call by the Nominations Committee prior to Tuesday, April 5, 2020.

The following Executive Director positions are now open for nominations:

Title	Term ends
President	2021
Vice-President	2021
Treasurer	2021
Secretary	2021
Membership	2021
Program	2021
Librarian	2021
Workshop	2021
Publicity /Website	2021
Newsletter	2021

The 2020 Nominations Committee members:

- Jymmi Kaye D Chair
jkdemchuk@accesscomm.ca
- Renee B
- Ruth B

In addition to the Executive Director roles, we are also looking for Committee Chairs:

Title	Term ends
50/50	2021
Nominations	2021
Quilt Show Chair (2022)	2022
Retreats	2021
Connecting Threads	2021
UFO	2021

Roles and Responsibility documents are available upon request. Please contact jkdemchuk@accesscomm.ca

Below is an outline of the role and responsibilities of Executive members and the skills and knowledge

1. **General Board Responsibilities**
 - ensure ethical conduct of the organization
 - ensure financial responsibility and viability of the organization
 - maintain overall stewardship and governance of the organization
2. **Responsibilities of Executive Members**
 - attend Director meetings
 - attend other meetings as required
 - complete tasks as required from minutes of meetings and other committee tasks
3. **Time Commitment (Directors)**
 - monthly Director meetings
 - at least 5 - 10 hours per month depending on other roles

Each nomination

- may be submitted in writing – letter, email, text
- may be submitted by phone call – we call you or you call us!

Should you have any questions regarding the PPQG Executive and Chair nomination of individuals, please feel free to contact any member of the committee. Thanks for your diligent attention to this important matter for our organization.

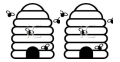


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*Canadian Quilters' Association /
Association canadienne de la courtepointe*

<https://canadianquilter.com>

March 17, 2020

**A message from the CQA/ACC Board of Directors and
Executive Director regarding**

Quilt Canada 2020



We are closely following the circumstances of COVID-19 as it impacts communities and events internationally and at home. Just as you are, we are very concerned about the health and well-being of all of our members.

At this time we are cautiously optimistic that Quilt Canada will take place in Edmonton, June 18 – 20, 2020. We hope to provide a full program including the National Juried Show, concurrent quilt shows, workshops and day and evening lectures, over 70 vendors, and the Quilt Judge Certification Program.

We ask you for your patience. We know that vendors are preparing to stock their booths, teachers and lecturers are preparing their presentations and classes, the volunteers are preparing for their days of planning and setting up the show and the myriad of other tasks that they perform over the course of the show, and our Quilt Judge Certification Program leaders and students are also working to prepare curriculum and complete assignments. There has been so much time, talent and energy already expended in the lead up to our annual show. You may be aware that the Jury Coordinator and her team of judges have already spent weeks choosing the quilts that will be on display at the National Juried Show. And so many of you have already registered for workshops and lectures or bought your entry tickets. For all of these reasons, and more, we do not want to be too precipitous or hasty in our decision.

Our host venue, the Edmonton Convention Centre has indicated that they are very sensitive to the situation but have not as yet established a cancellation/postponement policy.

Our next update will be sent on April 8. Until then if you have questions or comments, please contact:

Jane Cramer @ Jane.Cramer@canadianquilteradministration.com

Carole McCarville @ executivedirector@canadianquilteradministration.com

Thank you and stay healthy

MORE INFORMATION:

<https://canadianquilter.com/quilt-canada-2020/>

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Please don't hesitate to call us for any of your longarm needs.



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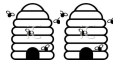
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Quilt Show 2020 Update



Due to Covid-19 we were forced to cancel our 2020 quilt show. Unfortunately, we have no idea when things will get back to normal, so we are planning for our quilt show in 2022.

We are well advanced in our planning for our 2022 quilt show, we don't have a venue yet, but I am sure we will find something in the fall.

The guild is in a good financial position and the financial impact on the guild will be the cost of printing and advertising. We will have a dollar amount in the fall. We have refunded all vendors and sponsors. Any purchases or deposits will carry forward to our next show.

Due to all this social distancing quilting is going great guns all around the world. Yes, you have time to finish your projects, so I am looking forward to seeing lots of quilts at our next show!!

Quilt Show Chair 2022
Tannis F

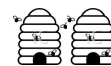


TO THOSE WHO HAVE ALREADY VOLUNTEERED!

Come back in 2022!

THANK YOU to all the Quilt Show 2020 committee members for their hard work in preparing for the show.

Also, a big thank you to those who had to make the difficult decision to cancel the show before it became clear there was no other option.



U F O

Heather H



We have declared a winner:

Team C

Prizes will be handed out at a later date.



A Total to date: 107

- Ila L
- Dot L
- Cindy T
- Maxine K
- Cathy K
- Francis L
- Judy W
- Jymmi Kaye D
- Debbie W



B Total to date: 136

- Carol G
- Jacque B
- Colleen K
- Terri F
- Myrna P
- Cory W
- Lynn R
- Denise S



C Total to date: 340

- Renee B
- Sharon G
- Judy C
- Robin B
- Pat P
- Shelley K
- Colleen L
- Joan G



D Total to date: 219

- Shannon B
- Betty U
- Diane P
- Heather H
- Iris L
- Myrna T
- Sherrill T
- Linda B
- Terri F





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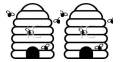
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Bonnie R Linda W Debbie W Kathy W Wendy S

It seems such a short time ago that life was normal with lots of quilting and socializing in person. As you know, all Guild activities are on hold. However, Deena, our Newsletter Editor will be putting out the newsletter electronically. So here goes:

Please, if you have borrowed a book(s) recently, locate the book(s) and make a note of where it(they) are so when we resume, you can easily find it to return. It is so easy to misplace a book under a stack of our stash or projects or general sewing room clutter and forget it belongs to the Guild.

I did take out a few books from the library (none new) at our meeting in March to review; as none of us will have access to any of them until we resume I will save the reviews for then.

In the meantime, enjoy this time to quilt, quilt, quilt--turn out those projects---attack the UFOs. Didn't we all wish we had more time to quilt? I did and at least for now I have had my wishes granted.

Happy Quilting!



Bonnie R
Library Committee



Deputy Prime Minister and Minister of Intergovernmental Affairs



University—Rosedale

The Honourable Chrystia Freeland was first elected as a Member of Parliament for Toronto Centre in July 2013. She was elected as Member of Parliament for University—Rosedale in October 2015 and re-elected in October 2019.

From 2015 to 2017, Ms. Freeland served as Canada's Minister of International Trade, overseeing the successful negotiation of Canada's free trade agreement with the European Union, CETA. From January 2017 to November 2019, she served as Canada's Minister of Foreign Affairs.

An esteemed journalist and author, the Deputy Prime Minister was born in Peace River, Alberta. She was educated at Harvard University before continuing her studies on a Rhodes Scholarship at the University of Oxford.

After beginning her career in journalism as a Ukraine-based freelance reporter for the Financial Times, The Washington Post, and The Economist, she went on to various roles at the Financial Times. She then served as deputy editor of The Globe and Mail between 1999 and 2001, before returning to the Financial Times as deputy editor and then as the United States managing editor.

In 2010, she joined Canadian-owned Thomson Reuters. She was a managing director of the company and editor of consumer news when she decided to return home and enter politics in 2013.

Ms. Freeland has written two books: *Sale of the Century: The Inside Story of the Second Russian Revolution* (2000); and *Plutocrats: The Rise of the New Global Super-Rich and the Fall of Everyone Else* (2012). *Plutocrats* is an international best-seller and won the Lionel Gelber Prize and National Business Book Award.

In 2018, the Deputy Prime Minister was recognized as Foreign Policy's Diplomat of the Year and was also awarded the Eric M. Warburg Award by Atlantik-Brücke for her achievements in strengthening transatlantic ties.

Ms. Freeland speaks Russian, Ukrainian, Italian, French, and English, and lives in Toronto with her husband and three children.

<https://pm.gc.ca/en/cabinet/honourable-chrystia-freeland>

More Information: https://en.wikipedia.org/wiki/Chrystia_Freeland <https://www.chrystiafreelandmp.com/about>



The Honourable Patty Hajdu



Minister of Health

Thunder Bay—Superior North

The Honourable Patty Hajdu was first elected as the Member of Parliament for Thunder Bay—Superior North in 2015.

Minister Hajdu is a strong advocate for women’s rights, youth employment, and affordable housing.

Before entering politics, Minister Hajdu was the Executive Director of Shelter House Thunder Bay and a co-author of the Thunder Bay Drug Strategy. She also previously worked in public health and focused on drug policy, youth development, and homelessness.

She is a compassionate advocate for Thunder Bay—Superior North and all of Canada, believing that a more inclusive country benefits everyone. As Member of Parliament, she remains firmly focused on ensuring every Canadian has a fair shot at success.

Minister Hajdu is a graduate of Lakehead University and earned a Master’s degree in Public Administration from the University of Victoria.

<https://pm.gc.ca/en/cabinet/honourable-patty-hajdu>



My wife and I just had a baby that is currently in the RGH NICU. I was blown away by the beautiful baby quilt we received from the lovely nurses there. I noticed tonight that it has your guys' patch sewn onto it.

I just wanted to reach out and say thank you, that is one of the sweetest, kindest gifts I have ever seen and the quilting work is amazing. That you guys would take all this time to make and donate these quilts to these little premie babies is truly admirable and has restored my faith in humanity.

Thank you for such a kind gesture not just for our child but all of these other babies and families that are going through a rough time in the NICU every day. God bless each and every one of you and your efforts in bringing some joy to families during tough times.

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SCRUB HATS (tie-back or elastic options)

Shelley K

Scrub caps are needed for the emergency departments of our hospitals. The nurses were recently told scrub caps were required on the job, but they are hard if not impossible to find. We will not be making masks or bags for hospital staff at this time. If we take on another project, we will communicate it through our email messages and newsletter.

The caps require 1/2 meter of cotton fabric; any colour or design. If you help you will find a simple pattern at the following link, <https://www.lifebox.org/diy-scrub-cap-holiday-gift/>. The preferred cap is the one with tie backs. There is a You Tube video from Man Sewing showing a variation of the scrub cap that includes the pattern, <https://www.youtube.com/watch?v=ZykGWQ6iNuQ>. Either one is fine.

The scrub caps will be picked up from your home. Call or text Shelley L at 306-552-8850. Put the hats in a bag and hang it on your doorstep. The hats will be picked up after 5 p.m. This project will end April 30, 2020.

Shelley L has reported as of April 4:

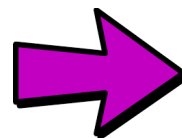
Hi there! To date we have collected 134 scrub caps. AMAZING!! RGH requested 70 female and 24 male caps. Pasqua ER lead is collecting numbers and will forward. . . I was hoping today but nothing yet! 16 ladies have contributed to this collection! Regina is truly blessed!!

Shelley L will continue collecting scrub caps until the end of the month. If she gets more than requested they will not go to waste.

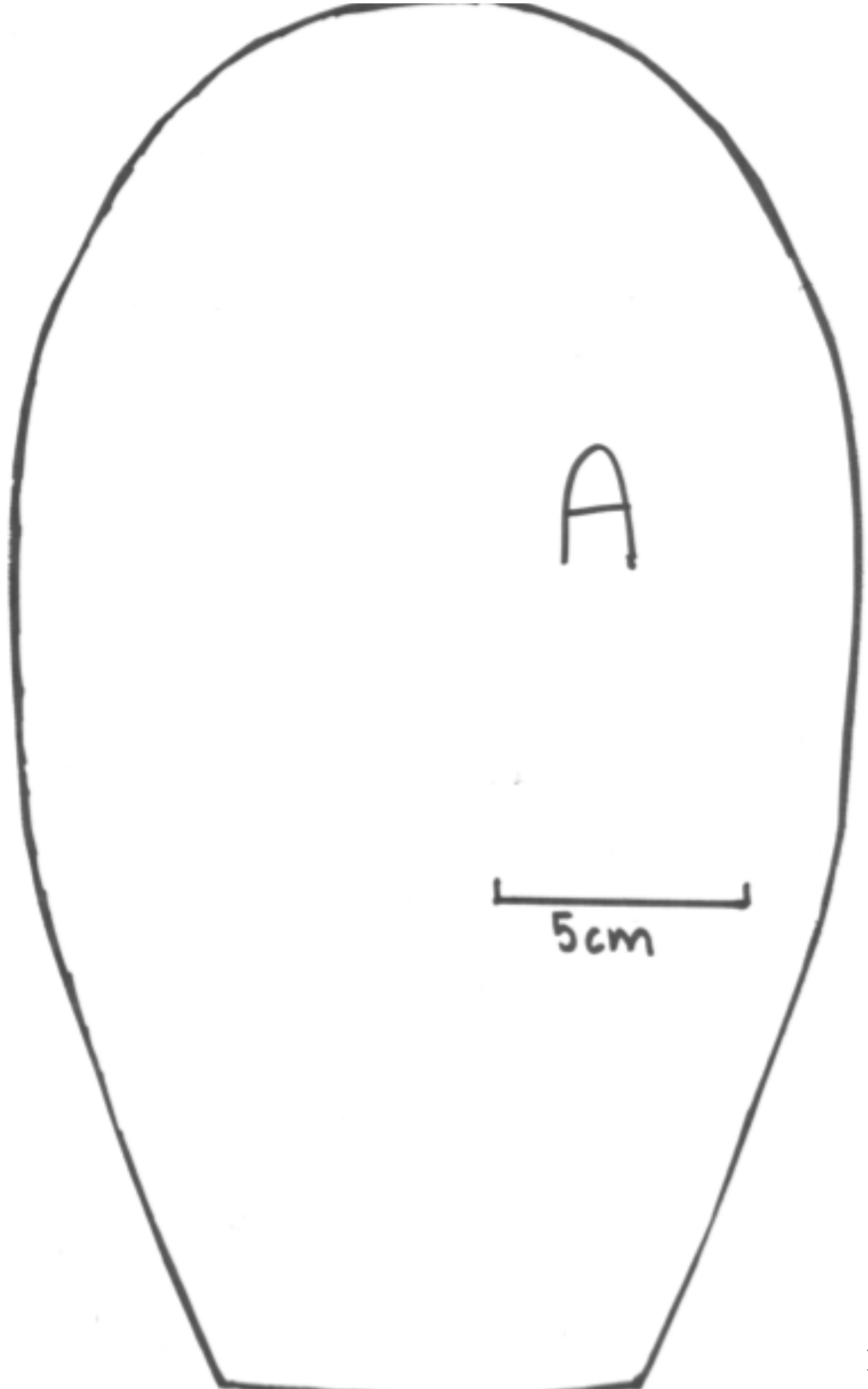
The response to this project is overwhelming. Thank you so much for helping out.

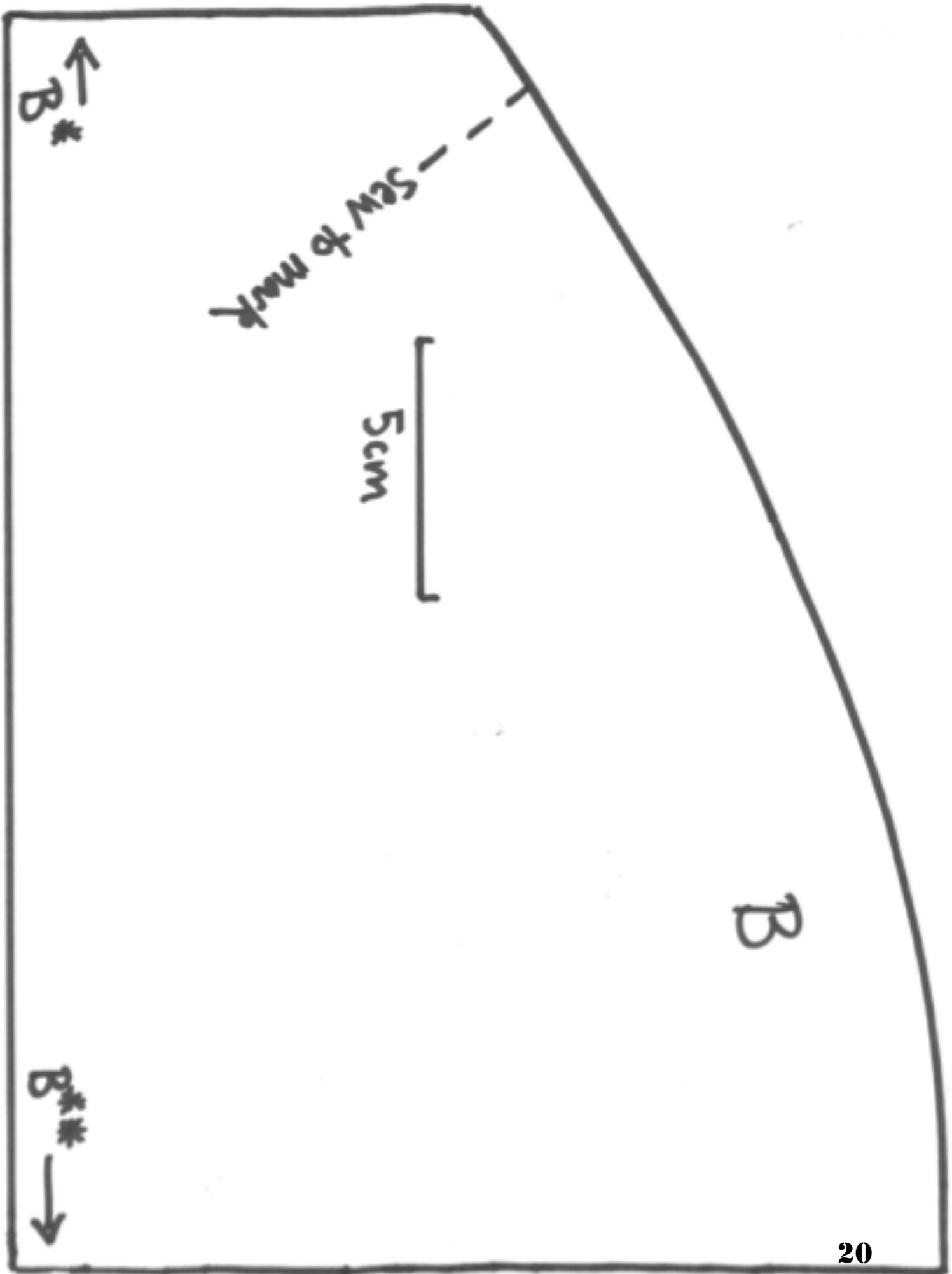


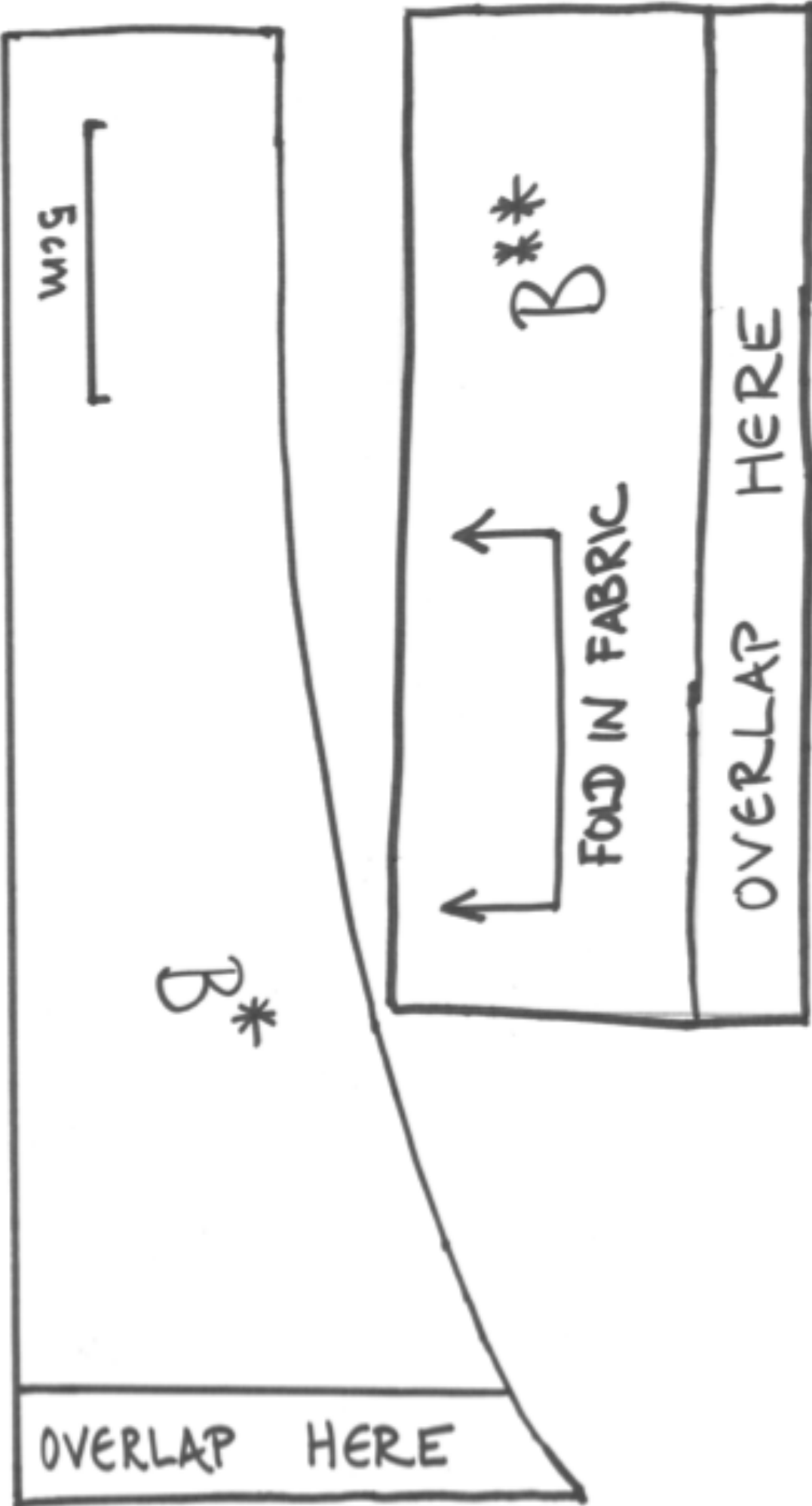
TIE-BACK
PATTERN



Please make sure
that you check the measure gauge on the pattern after printing.







Tieback Hat Pattern

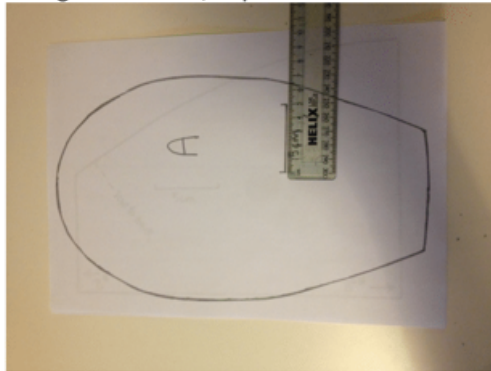
You will need:

- 0.25m lining fabric (green)
- 0.25m exterior fabric (frogs)
- Coordinating thread
- Scissors – paper, embroidery and fabric
- Sellotape
- Chopstick/implement for pushing out corners
- Fabric marker
- Pins
- Ruler / Tape measure
- Paper pieces (print at 100%)

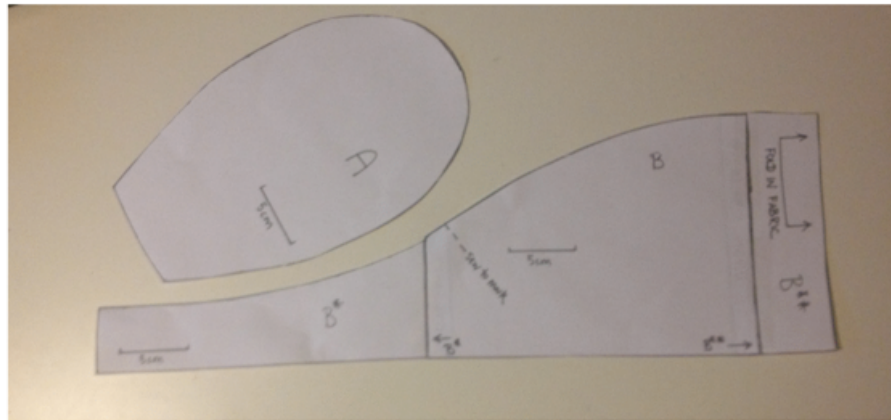


Method

1. Check paper pieces have printed to the correct scale by checking the 5cm mark on each sheet against a ruler/ tape measure



2. Assemble paper pieces by cutting out and sticking B/ B* and B** together where indicated

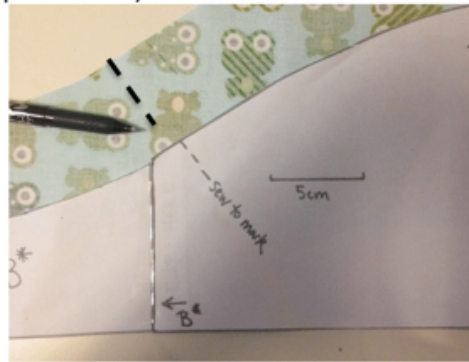


3. Press fabric

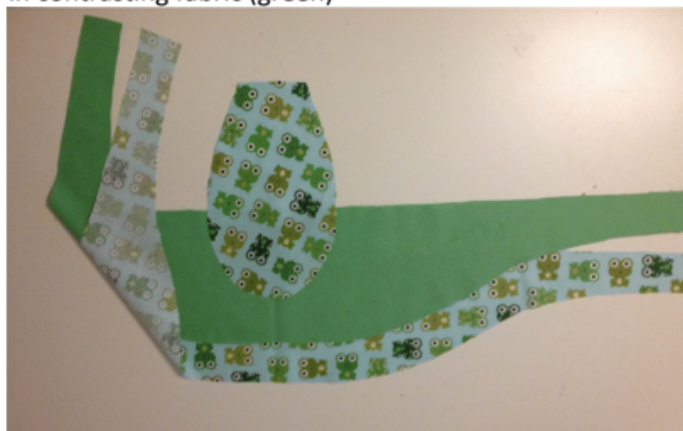
4. Fold each piece of fabric in half. Carefully pin Piece B to each fabric in turn and cut around. Take care on the exterior fabric that you can still fit in pattern piece A.



5. Take care to transfer the stitch line mark from the pattern onto the reverse side of pattern piece B. You only need to do this once (so pick the fabric the marks will show up better on).



6. You should now have Piece A & B in exterior fabric (frogs on my hat) and piece B in contrasting fabric (green)



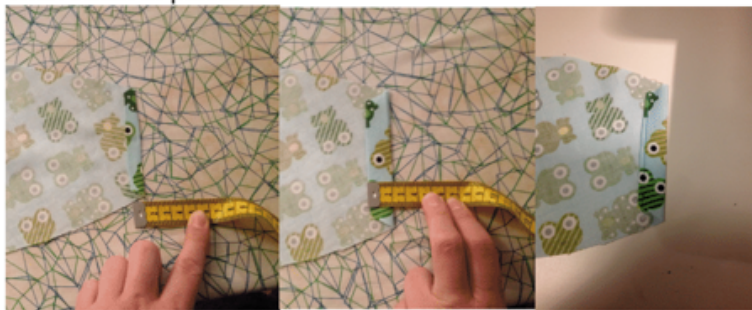
- Place the two B pieces together rightside together. Pin around the edge – the side with the markings should be uppermost. Stitch around the two pieces from sewing mark to sewing mark using a 3/8" seam. The top (curved) edge should be left open.



- Clip neatly round the corners that you have just sewn to reduce bulk. Turn rightside out using the chopstick to fully push the corners out.



- Hem piece A** – press a double fold hem – 1cm first fold, 2cm second fold. Then stitch in place.



- Making the hat - pin the top of the hat (A) onto the band (B). The easiest way to do this is to fold both pieces in half and line up the centre creases and thin pin all around the curve. Remember to pin exterior fabric rightside together (so frogs to frogs in my example)



11. Straight stitch around this pinned edge using a 3/8" seam allowance taking care to ensure the start and end points of your stitching line are secure as the nature of the design means they are stress points.
Zig Zag around the edge for neatness.



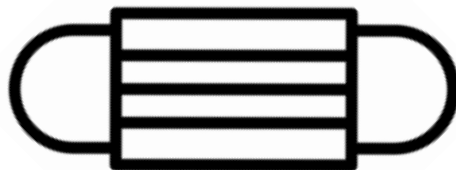
12. Wear or Gift your hat with pride.



URBAN THREADS



Free Face Mask pattern



<https://www.urbanthreads.com/products.aspx?productid=UTZ3018>

To pass the time we have been trying new recipes.
Here is my favourite so far:

Lentil Soup with Lemon

Ingredients

3 tablespoons olive oil	1 (32 ounce) carton chicken broth
1 large onion, chopped	1 cup red lentils
2 cloves garlic, minced	1 large carrot, diced
1 tablespoon tomato paste	2 tablespoons lemon juice, or to taste
1 teaspoon ground cumin	3 tablespoons chopped fresh cilantro
1/4 teaspoon kosher salt, or to taste	4 teaspoons extra-virgin olive oil for drizzling
	1 pinch chili powder

Heat 3 tablespoons of olive oil in a large pot over medium-high heat. Stir in the onion and garlic, and cook until the onion has turned golden brown, about 5 minutes. Stir in the tomato paste, cumin, kosher salt, black pepper, and 1/8 teaspoon of chili powder. Cook and stir 2 minutes more until the spices are fragrant.

Stir in the chicken broth, lentils, and carrot. Bring to a boil over high heat, then reduce the heat to medium-low, cover, and simmer until the lentils are soft, about 30 minutes.

Pour half of the soup into a blender, filling the pitcher no more than halfway full. Hold down the lid of the blender with a folded kitchen towel, and carefully start the blender, using a few quick pulses to get the soup moving before leaving it on to puree. Puree in batches until smooth and pour into a clean pot. Alternately, you can use a stick blender and puree the soup right in the cooking pot. Do not puree all of the soup, leave it a little chunky.

NOTES:

Since we are trying to use up what we have these are the things we changed:

fresh tomatoes for tomato paste
fresh chicken stock for carton
more than a pinch of chili powder

Also, we didn't puree the soup as it was quite smooth already and we like carrot chunks. Also, we added the chicken pieces leftover from making the stock.

<https://www.allrecipes.com/recipe/160051/lentil-soup-with-lemon/?internalSource=hub%20recipe&referringContentId=Search&clickId=cardslot%201>

ENJOY!

~Deena~



Tuesday, March 17, 2020

<https://www.cbc.ca/books/canadareads>



Given the ongoing developments with COVID-19 and the related travel concerns, **Canada Reads** has made the difficult decision to postpone the debates until we can convene our stellar panel of advocates in front of a live audience.

In place of the show, **CBC Books** is presenting a series of one-hour programs on **CBC Radio** dedicated to this year's books and authors.



Spring Detox! Essential Practices to Purify Your Life

[https://chopra.com/articles/spring-detox-essential-practices-to-purify-your-life?](https://chopra.com/articles/spring-detox-essential-practices-to-purify-your-life?utm_source=Newsletter&utm_medium=Email&utm_content=200324-March-Newsletter&utm_campaign=Newsletter2020324)

[utm_source=Newsletter&utm_medium=Email&utm_content=200324-March-Newsletter&utm_campaign=Newsletter2020324](https://chopra.com/articles/spring-detox-essential-practices-to-purify-your-life?utm_source=Newsletter&utm_medium=Email&utm_content=200324-March-Newsletter&utm_campaign=Newsletter2020324)

Making you smile ...

Ali Hoffman giving us something to laugh about

<https://www.facebook.com/ali.hoffman3/videos/10157804219590731/UzpfSTEyMDQ3MDUyNzU6MTAyMjlyMDg5MTk5NTEwMDE/>



Log Driver's Waltz

https://youtu.be/upsZZ2s3xv8?fbclid=IwAR1FpOX1qxoD8VegT-g-h5kL_mfp4Q1islpY8ykt4914ZLqV_ugADqatR-E

The cat came back



https://youtu.be/FJl_4IsQJ2g?fbclid=IwAR2Z6AKhYbwOI9IDSIAPCarWKyovq1prC4eXHXdW_-n0UXJWDHSA5fbB-mo

What to do when you're doing nothing ...



Stories help.

They entertain. They teach. They keep young minds active, alert, and engaged.

<https://stories.audible.com/start-listen>

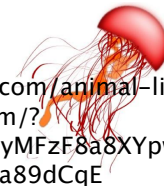


Dale Chihuly Real life example of when life gives you lemons ...

https://mymodernmet.com/dale-chihuly-facts/?fbclid=IwAR14Tq_cGgVueGBm04N6zuQWCaavtPnd47IWKYhhEHY3UipMu6dox5FUNVM

Watch in real time

https://mymodernmet.com/animal-live-stream-monterey-bay-aquarium/?fbclid=IwAR37F0zN_quyMFzF8a8XYpwonn846bFLABdXp2ouHHFPkg4G3LRXda89dCqE





What you need to know...



Tracking the coronavirus: a map with cases province by province

https://newsinteractives.cbc.ca/coronavirustracker/?fbclid=IwAR3mBum4_S3subnofUflkUxBaT_KkE6LGhnkp42dfXuyNC97oeq0C-ykCjU



<https://www.canada.ca/en/revenue-agency/services/tax/businesses/topics/gst-hst-businesses/complete-file-when.html>

<https://www.canada.ca/en/revenue-agency/services/tax/businesses/topics/corporations/corporation-income-tax-return/when-file-your-corporation-income-tax-return.html>

<https://www.theglobeandmail.com/investing/personal-finance/taxes/article-nine-changes-for-taxpayers-that-come-with-the-covid-19-economic/>



Moose Jaw Prairie Hearts Quilters' Guild

Moose Jaw Prairie Hearts Quilt Guild retreat at Dallas Valley will take place from Monday, October 19, 2020 to Thursday, October 22, 2020 (arrive Monday at 1100 and return home Thursday after lunch).

All meals and snacks are provided.

Cost is \$225 for double and \$265 for single rooms.

There is room for 11 more people who do not need to be a member of any guild.

We welcome everyone!

If interested please contact Colleen Lawrence at 306-631-5303, or clx5@sasktel.net.

Thanks hope to see you there.

Moose Jaw Prairie Hearts Quilters' Guild Proudly Presents

16th Biennial Judged Quilt Show

Quilt Show - Friday, April 16, 2021

Quilt Show - Saturday, April 17, 2021

Sew Full of Whimsy

<http://prairieheartsquilters.com>

Maggie Abbasi's video of how to wash your hands:

https://www.facebook.com/maggie.abbasi?eid=ARDwEXfxR9oVjdmZ9GJKPdwqdaRSx2zg_DRFbVkJFuWjZkIS-JJ4VNnz2wn3f3R31vGTUicpxkkpoT6Xe

Basically the same instructions:

 <p>0</p>	 <p>1</p>	 <p>2</p>
Wet hands with water	apply enough soap to cover all hand surfaces.	Rub hands palm to palm
 <p>3</p>	 <p>4</p>	 <p>5</p>
right palm over left dorsum with interlaced fingers and vice versa	palm to palm with fingers interlaced	backs of fingers to opposing palms with fingers interlocked
 <p>6</p>	 <p>7</p>	 <p>8</p>
rotational rubbing of left thumb clasped in right palm and vice versa	rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa.	Rinse hands with water
 <p>9</p>	 <p>10</p>	 <p>11</p>
dry thoroughly with a single use towel	use towel to turn off faucet	...and your hands are safe.

COVID-19 Information



CANADA

Public Health Agency of Canada

<https://www.canada.ca/en/public-health.html>

Being prepared

The World Health Organization (WHO) has assessed COVID-19 as a pandemic. The assessment by the WHO is not unexpected.

In Canada, our health system is prepared for this situation. Since the outset, the Public Health Agency of Canada (PHAC)—along with public health authorities at all levels of government across the country—have been working together to ensure that our preparedness and response measures are appropriate and adaptable, based on the latest science and the evolving situation.

There is an increased risk of more severe outcomes for Canadians:

- aged 65 and over
- with compromised immune systems
- with underlying medical conditions

Our public health efforts will continue to focus on containment to delay the onset of community spread by rapidly identifying cases, meticulously finding close contacts and using tried and true public health measures such as isolation and social distancing.

In the event of community transmission, these actions will continue as long as feasible to interrupt chains of transmission in the community and to delay and reduce an outbreak where possible.

In order to mitigate the impacts of COVID-19, everyone has a role to play. It takes more than governments and action from the health sector to protect the health and safety of Canadians. Each of us can help our country be prepared in the event of an emergency by understanding how coronavirus spreads and how to prevent illness.

For individuals

Canadians should continue to think ahead about the actions that they can take to stay healthy and prevent the spread of any illness, especially respiratory infections.

Now and always during cold and flu season, **stay home if you are sick**. Encourage those you know are sick to stay home until they no longer have symptoms.

Since respiratory viruses, such as the one that causes COVID-19, are spread through contact, change how you greet one another. Instead of a handshake, a kiss or a hug, a friendly wave or elbow bump is less likely to expose you to respiratory viruses.

Practise frequent hand hygiene and coughing and sneezing etiquette. Clean and disinfect frequently touched objects and surfaces, such as toys and door handles.

These are the most important ways that you can protect yourself and your family from respiratory illness, including COVID-19.



<https://www.saskhealthauthority.ca>

Latest News

<https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus>

Self assessment

<https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/covid-19-self-assessment>



I have a piece of 66" x 82" brown felt to give away.
Shelby

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306-693-8523
email: quiltershaveninc@sasktel.net
website: quiltershaveninc.ca

*If you **LIKE** us on **FACEBOOK** you can keep up to date with all the current happenings in our shop.
Heather, Arlyce & Staff at Quilters Haven*

2020

Apr

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

2020

May

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Prairie Piecemakers Quilter's Guild Regular Monthly Meeting - March 3, 2020

Welcome and Call to Order - Shelley K called the meeting to order at 7:00 pm.

Program - Torquay Trunk Show

Minutes - Correction of the Feb 4 minutes to remove the first sentence. Feb 4, 2020 minutes approved.

Announcements - Shelby advised she is organizing a bus trip to Moose Jaw and then to the Shumiak Gallery in Assiniboia, Sk. Paula Jolly will have a display from the end of Aug to the beginning of Sept. There is also an invitation to see her studio located outside Assiniboia. Return between 5 and 6 pm for approx \$35.00 per person. Sept 9 is a tentative date and Shelby will take a \$20.00 registration.

A thank you card from 4-F Pediatrics RGH. The Cast of Characters Quilting Group from Strasbourg, Sk are holding a retreat Mar 19-22.

Marlene SC moved and seconded by Carol G to give the Canadian Quilters Association a sponsorship of \$500.00 for their annual conference in June. Motion approved. Marlene also advised the PPQG has a 10x10 ft space at the Regina Exhibition Wed July 29 and Sat Aug 1. Marlene asked for volunteers, please talk to Shelby or the Exec.

Workshops - Heather I advised coming workshops Mar 14 Mystery Quilt and Apr 4 Dyeing Workshop.

Library - Bonnie has only two volunteers for library

and is asking for more.

Mystery Quilt - Tannis showed the assembled quilt with variations.

Quilt Show - Tannis advised the Guild Challenge is a placemat donated to meal on Wheels. Indicate whether we want them judged or just hung up for display. Sizes vary and will accept as many as we want to donate. **Raffle Tickets** - see Sally B.

Sponsorship - Iris L has packages on the table.

Volunteers- Deena A reminded volunteers a free day is available for volunteers but everyone must sign up before the show and check in before their shift. Shelley asked for another drop-off home in central Regina for quilts. Quit registration is slow but expected.

Membership- Cheryl A reported 68 members, 1 new member and 1 guest present.

Door Prizes - Anne R, Darlene S, Mary F.



50/50 Draw- Winner of \$92.00 was Jimmi Kaye,D

Nominations - Jimmi Kaye D has two members, Ruth B and Renee B helping her and contacting all members.

Shelley announced Gateway to Adventure and President's 20/20 Challenge will be at the Apr meeting.

Adjournment - Meeting was adjourned at 8:19. **Next meeting is Apr 3, 2020.**

SPRING

  BEE HAPPY 

Advertising Information

The Prairie Piecemakers Quilters' Guild is entering its twenty-seventh year as an incorporated organization, serving quilters, promoting the quilting arts and supporting the development of quilting in Regina. Your advertisement is an effective way to reach a local and a broader audience of quilters:

Local audience: the Prairie Piecemakers Quilters' Guild publishes 10 newsletters each year, monthly from September through June. The newsletter is distributed to all Guild members (currently 128 members and growing).

Extended audience: advertisers in the newsletter are recognized on the Guild website (www.prairiepiecemaker.com) with a link to their website and/or contact information.

Each newsletter is posted on the Guild website and remains available for public download through the newsletter archive.

Timelines:

Advertisers should send their advertisement copy to the editor of the guild newsletter two weeks before the end of the month prior to the next issue of the newsletter. Please see the Guild website for our Advertising Guidelines.

Contact:

Inside the Guild Newsletter Editor
 Prairie Piecemakers Quilters' Guild
 Box 33043, Cathedral P.O.
 Regina, SK S4T 7X2
 Telephone: 306-584-9509
 Email: newsletterppm@gmail.com
 Website: www.prairiepiecemaker.com

Inside the Guild

Commercial Advertising Rates

Single Issue Rate			Full Year
Category	Size	Rate	Rate
Full page	7.5" x 10"	\$50.00	\$250.00
Half page (horizontal)	7.5" x 5"	\$25.00	\$125.00
Half page (vertical)	10" x 3.75"	\$25.00	\$125.00
Quarter page	3.75" x 5"	\$16.00	\$80.00
Business card	3.75" x 2.5"	\$8.00	\$40.00

Non-Commercial **Classified** Advertising Rates

Advertisements must be sewing, quilting, or fibre art related. 1/4-page and 1/2-page advertisements, containing a photo, a graphic, or an image are to be in .pdf, MSWord, or .jpeg format (ready for insertion) and sent to newsletterppm@gmail.com. Include your complete contact information.

Please make your cheque payable, in the correct amount, to PPQG and forward it to Prairie Piecemakers Quilters' Guild, Box 33043, Cathedral PO, Regina, SK. S4T 7X2.

Advertisement Sizes	Guild Member	Non-Guild Member
	Per issue	Per issue
Classified Ads of 50 words or less - no photo, graphics, or images	FREE maximum insertion 3 months	\$8.00
1/4 page	\$5.00	\$16.00
1/2 page	\$10.00	\$25.00

Except where noted, all graphics are from Google Images.

Want to join the Guild?

Visitors and new members at all levels of quilting are welcome.

Guild membership consists of quilters of varying ages and abilities who share a great appreciation for the art of quilting and the fabric used to piece the quilts together:

- The membership year runs from July 1 to June 30 of the following year.
- New members are welcome at any time during the quilting season.

The Guild is a member of the Canadian Quilters' Association.

Please contact us by email at ppmqguild@gmail.com, through the website, or directly to a Membership Committee member (pg. 2).

Privacy of Information: As a public organization, the Prairie Piece Makers Quilters' Guild, Inc. (PPQG) is compelled to abide by the Canadian rules applying to the Privacy of Information. We cannot share information about members without this consent. The personal information collected consists of name, address, telephone number, and email address and is used to contact members for Guild business. As the Guild's membership form does not specifically ask members if they will allow their names to be published in the newsletter, the newsletter will not publish full names, excepting for the executive and committee chairpersons, who have signed disclaimer forms for the editor or when expressed permission is provided. When submitting articles for the *Inside the Guild* newsletter, please state as to whether you will allow your full name to be published in the newsletter print format, available at Guild meetings and the online copy published on the Guild's website. *Thank you.*